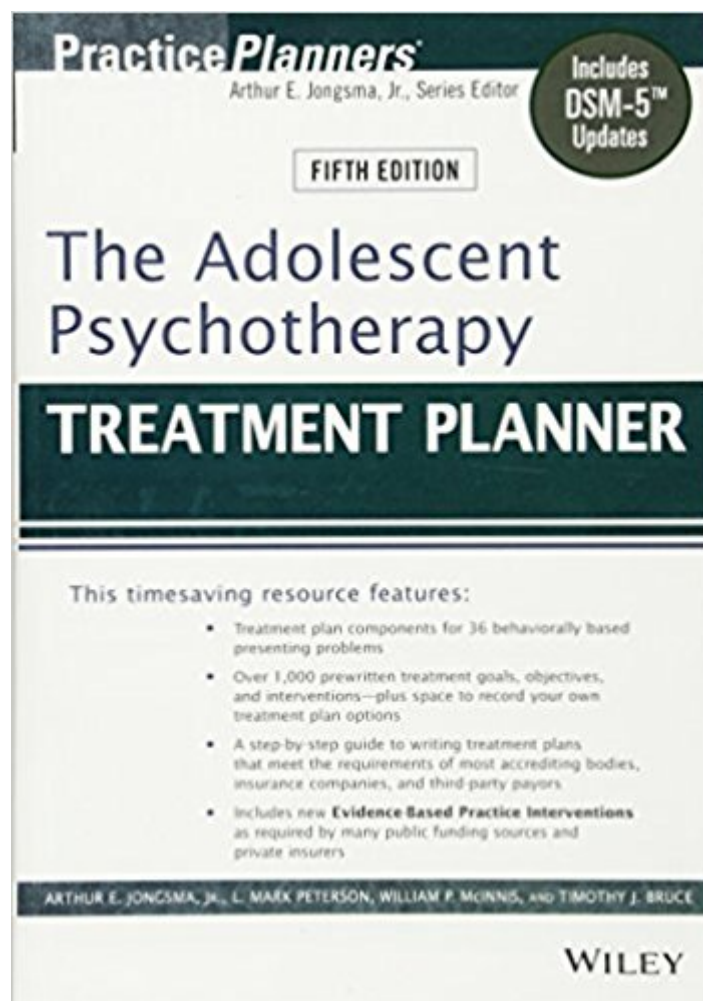




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# The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates



## Synopsis

The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance use, low self-esteem, suicidal ideation, ADHD, and eating disorders Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others Over 1,000 prewritten treatment goals, objectives, and interventions plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

## Book Information

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## Customer Reviews

As the Senior Author and Series Editor, I am pleased to announce that the new editions of our Treatment Planners have been released. We have been working on them as a team of authors for over two years. I am indebted to my coauthors who have deep expertise in the clinical field addressed in each Treatment Planner. Dr. Tim Bruce, especially, has brought his wide knowledge base in Evidence-based Practice to bear on several of our Planners. Each Planner has, of course,

been updated with the new DSM-5/ICD-10 codes, but beyond that there are several other improvements in the latest books. I believe you will find this expanded and revised edition is a significant step forward in being a resource— a menu of succinctly written statements describing Interventions to help you help your client recover. Allow me to list the new material you will find in our latest attempt to help you write clinically sound and complete treatment plans:

- 1) The latest research-supported, evidence-based Interventions
- 2) Updated and expanded bibliotherapy references as well as research related references for each chapter topic
- 3) A new Appendix which provides written Objectives and Interventions that capture the essential theme of the ten Core Principles of the SAMSHA-endorsed Recovery Model
- 4) A new Suggested Diagnosis section in each chapter that provides a helpful transition from DSM-IV/ICD-9 to the newly listed DSM-5/ICD-10 diagnostic codes and labels
- 5) A more complete integration of suggested Homework Exercises in each chapter to support Interventions
- 6) A set of Objectives and Interventions added to each chapter to assist in assessing specifiers relevant to DSM-5 diagnosis

Arthur E. Jongsma, Jr. PhD

Treatment plan components for 36 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers

PracticePlanners The Bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance use, low self-esteem, suicidal ideation, ADHD, and eating disorders Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

I work with high school aged students and needed some assistance in the proper wording for treatment plans, and this is great. I love the ideas in it and I love that they mark the empirically backed planning solutions. A must for therapists working with adolescents.

This book is for all kinds of therapists. I am new to the field and use this to help me write out my plans. Love this book. I don't like how it has medication as a goal. Don't think that is necessary but i guess they wanted to make the book larger.

I use these treatment planners in my counseling practice- they help in use as a guard for treatment goals. However, the goals no longer meet the standards of many insurance companies so do require tweaking.

As a therapist, this helps to make my life so much easier. I am able to pull from the long-term and short-term goals based on the identified issues. I would highly recommend this to anyone who treats adolescents.

Grad school counseling student - used this as part of my class. Great book and easy to use.

I refer to this often when working with adolescent treatment plans. Excellent resource.

I'm a licensed social worker and I swear by this book. It's definitely a go-to resource when struggling with treatment planning.

The item arrived just as promised. Great quality. Definitely recommending this seller.

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